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## Rogan Grant



### **Rogan Grant - Head Injuries, their effects and how hypnosis helps in specific areas.**

Injured in 2006, Rogan suffered a traumatic brain injury, the physical problems that remained were minor compared to the psychological issues related to PTSD and the low moods that followed were devastating to him and those around him.

PTSD and the effects were only treated after seeing a hypnotherapist. The changes after hypnotherapy were so dramatic and positive after years of seeing doctor after doctor, medication after medication etc, that he decided to train to try and understand why.

Since then he has worked not only within his own business but also head injury charities at local and national levels.

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## Dr William McGeown



### **Dr William McGeown – Hypnotic suggestibility and response to hypnosis: Associated brain regions and networks**

Dr William McGeown is a Senior Lecturer in the School of Psychological Sciences and Health in the University of Strathclyde. He received his BSc Honours degree and a Masters in Research Methods Diploma from the University of Aberdeen, and his PhD from the University of Hull.

He is a Chartered Psychologist and an Associate Fellow of the British Psychological Society. He has authored/co-authored four book chapters and twenty-two peer-reviewed articles in prominent scientific journals such as Brain, Cortex and Neuropsychologia, and his work has received extensive international media interest, including coverage on BBC online, Times Higher, Science Daily, Medical News Today and National Geographic.

His main research focus is on understanding the relationship between different aspects of behaviour and brain structure/activity.

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## John D Lawrence



### John Lawrence – Brain Science Behind Narrative

John D Lawrence is a very experienced hypno/psychotherapist, trainer and supervisor. He specialises in post trauma growth, depression, working with young people and sports enhancement.

He is Chair of the SHF, SCVO Policy Board Member and Co-opted Director of UKCHO (as a person of Knowledge & Experience within the Field of Hypnotherapy).

He has been involved for well over a decade in the field of Hypnotherapy Regulation at local and national levels.

He has been a speaker at 5 NCH conferences, including keynote address and has given around 50 conference presentations over the last 18 years for a range of audiences including the Hypnotherapy Association, NCHP, APHP, NRAH BATH, British Association of Stress managers and the Swindon PTSD group International Conference on War Trauma.

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## Morag Wylie



### Morag Wylie – Laughter Yoga

Morag Wylie runs a regular Laughter Club in Falkirk, One Day Laughter Skills courses and Laughter Yoga Leader training weekends. Her outreach work includes working with community groups - including a regular group in her local Sensory Centre, older people's groups and people affected by depression and other mental health issues.

Severely affected by ME/CFS for over 15 years, she used a range of alternative therapies to slowly regain her health and energy. Her other passion is Transformational Breath®

She believes in empowering people to take charge of their own lives through the key tools of breath and laughter.

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